

OBJECT OF DESIRE

## A LIGHT TOUCH

Irish lighting designer Niamh Barry is known for her sculptural bronze LED fixtures, which often call to mind branches, shells and clouds. After two years in R&D mode, she has emerged with four new pieces—a pendant, a sconce and two lamps—distinguished by their minimalist, hull-shaped forms. The lights, which will debut at Maison Gerard on February 24, were partly inspired by a gold Iron Age artifact known as the Broighter boat. "I wanted to create works with visual weight and gravitas," says Barry. maisongerard.com. —Stephen Wallis



PARTNERSHIP

As part of its spring collection, fashion brand Frame has partnered with The Carlyle on a series of casual pieces featuring the New York hotel's logo. Frame's Erik Torstensson sees the clothes as a kind of escapism. "If we can't experience it, then at least we can wear it," he says. "We truly can't wait to be back there for a vodka martini and some indulgent people-watching." Sweatshirt, \$248; frame-store.com



THE BEAUTY OF

## THE IMMUNE SYSTEM

Given the pandemic, the latest wellness buzzword is a timely one.

HE IDEA of immunity-focused products sharing Sephora shelf space with serums and concealers would have been head-scratching a few years ago, but now, perhaps as a sign of these Covid-19 times, it makes perfect sense. "I think [the pandemic] has acted as a wake-up call to many who are now for the first time ever starting to look after their health," says medical herbalist Daniela Turley, founder of Urban Healing. Vitamin D, zinc, N-Acetyl Cysteine and quercetin are on Turley's list of hero ingredients. But boosting immunity isn't as simple as just taking supplements. "There's no magic bullet," says Gabe Kennedy, co-founder of wellness brand Plant People. "The reality is that the immune system is complex and requires support on many levels." One key is nutrition, specifically "plant-based foods high in micro- and phytonutrients, as well as dietary fiber," says Joel M. Evans, M.D., director of Connecticut's Center for Functional Medicine. Moon Juice founder Amanda Chantal Bacon, who is releasing a new immune-focused SuperPower supplement, adds sleep, balancing stress and gentle movement to the list. "They're not revolutionary," she says, "but they do require your participation." —Fiorella Valdesolo



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Adaptivir
The line features
two products:
a supplement for
optimal immunity
and an herbal
blend for a healthy
inflammatory
response. \$55,
urbanhealingnyc
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KAIBAE
Organic Baobab
Powder
Full of prebiotic
fiber, vitamin
C and other antioxidants, this
powder aims to
strengthen the
gut microbiome,
important to
overall health.
\$26, gokaibae.com



MOON JUICE SuperPower Bacon sourced liposomal vitamin C, vitamin D made from organic mushrooms and other bioactive versions of time-honored ingredients. \$38, moonjuice.com